



## Sunrise Ranch Newsletter

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We find we are entering a new paradigm for how people relate to each other. In a world where neighbors in housing developments and apartment buildings often never meet, we

are finding new ways to connect with people of all ages and from many diverse backgrounds. We know that when people come to Sunrise Ranch, they feel the surround of love substance in this valley. This spiritual atmosphere has formed out of all the loving service from people through the decades and from the communion with nature and the land itself. As the Sunrise Ranch community of today, we feel responsible for this atmosphere and for our contribution to it. It is the atmosphere of true home.

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## Thank you, ARISE!

The ARISE Festival has just come to a close and our community is lit up with elation and gratitude for another amazing year of magical, heartfelt connections. Thank you to all who came out to celebrate, dance, learn and connect with us! Here are some of our highlights (with a special thank-you to photographer Connie Baxter-Marlow):



We were so happy to connect with all the beautiful beings we met during ARISE. Courtney (in first photo above) and Dustin (directly above) show it as they Let Love Radiate at our Outreach tent.



In this photo, David Karchere and Karen Pritchard are enjoying the festivities. David, the Spiritual Director at Sunrise Ranch, was a busy man during the festival. He hosted several events, including a workshop titled *A Conscious Guide to Opening the Sacred Power of the Endocrine Glands*. Additionally, he participated on a panel that discussed the topic *The End of Loneliness: Reinventing Community and a Global Sense of Belonging*.

**[Learn more about David](#)**



In our Outreach tent, we were able to form new connections, share attunements and introduce people to all the wonderful things that Sunrise Ranch has to offer.



This year, Sunrise Ranch hosted the Temple of Emergence in Wisdom Village during ARISE. Many classes, workshops and gatherings were held in this space. This photo is from a workshop called *Sacred Energy: Art of Attunement*, hosted by Jane Anetrini.



Dr. Jane Anetrini giving an attunement.

[Learn more](#)



As ARISE was happening in our east pastures, the care of our animals still remained a top priority. Our chickens continued to happily graze and enjoy scraps from our kitchen.

# Thank you!

## ARISE Music Festival



There is so much more we would love to share with you.

[Follow us on Facebook to see more!](#)

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### Upcoming Events:

Permaculture Design Course



## PERMACULTURE DESIGN COURSE

AUGUST 19 TO AUGUST 31

A 12-DAY PERMACULTURE INTENSIVE COURSE AT SUNRISE RANCH  
DAILY ORGANIC MEALS INCLUDED



PATRICK PADDEN



STONE HUNTER



TARA RAE KENT



AVERY ELLIS

[Learn More](#)

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# Sacred Sexual Awakening & Healing for Women: A Therapeutic Approach

August 24 - 25, 2019



Do you know that your sexual energy is your most potent untapped resource? When you heal and celebrate your sexuality as sacred, you activate your feminine birthright—your capacity to magnetize and receive what you’ve been longing for.

- Attract connected, empowered, supportive relationships
- Reclaim your voice and speak your truth
- Illuminate your true calling and soul path
- Reignite your juicy vitality and passionate aliveness
- Activate your next level of feminine power and presence
- Deepen your connection to your personal divine guidance
- Strengthen sisterhood bonds in a unique, powerful way

[Learn more](#)

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**The Boulder Nablus Sister City Project is overjoyed to announce that we will have the privilege of hosting the exceptionally talented Nabulsi musician Habib Al Deek.**

**Please join us for one or all of these events, each of which will showcase Classical Palestinian music as well as Traditional Spanish Oud.**



**Wednesday, August 14th, 5-7pm:** The **Bandshell in Boulder** will provide a great opportunity to hear Habib Al Deek play with local musicians Omar Mansour, George Sepmeir, and Theo Brahma in an open-air setting amongst the fun of the Boulder Farmer's Market on 13th Street. The performance will be free and open to all.

**Friday, August 16th, 6:30-9pm:** **Mercury Cafe in Denver** Habib Al Deek will perform with local Colorado musicians George Sepmeir, and Theo Brahma along with Basma Maghazaji, who will recite a selection of Palestinian poetry in English and Arabic accompanied by the Oud. Please meet us in the downstairs poetry salon. \$10.

**Sunday, August 18th, 3-5pm:** Friends of Sabeel Colorado will host Habib Al Deek for a performance and discussion at Augustina Lutheran Church, **5000 E. Alameda Ave., Denver, CO 80246**. Free.

**Sunday, August 18th, 6:00-8:00pm:** We will gather at a private Denver home for an intimate evening of music and Middle Eastern cuisine. Habib Al Deek will perform with local musicians George Sepmeir and Theo Brahma. \$20 covers entertainment and a delicious Mediterranean buffet dinner. You can reserve your spot by purchasing tickets on Eventbrite by following **this link**.

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**[See our Events Calendar](#)**

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**Community Spotlight**



Meet JJ!

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In this video, lovely Berry Behr speaks on the importance of interfaith relations. You are invited to receive a heavenly download just like this each Sunday.

[Join us in-person or via livestream](#)

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**Find Us at the Farmers Markets!**



**Saturdays, 9 a.m. to 1 p.m.**  
Larimer County Farmers Market  
200 West Oak Street, Fort Collins, CO

**Sundays, 9 a.m. to 1:30 p.m.** Farmers  
Market at Fairgrounds Park  
700 South Railroad Avenue, Loveland

**Dates:** May 18 - October 26, 2019

**Dates:** June 23 - September 29, 2019



In this photo, members of our farm team hang out at the Farmers Market during ARISE.

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## The Seven Foundational Truths

For the next seven months, we will share our [seven foundational truths](#) of the human experience. Each one of them offers conscious empowerment for the soul.

We don't recommend blind belief in these statements. Instead, we invite you to reflect on them deeply. Explore whether they are true for you. See if they let you access something that you already know, but might have forgotten. Ponder how your life changes when you embrace the truth of these statements.

### 1: You Are Divine

We embrace the truth of our Being, knowing we are an individualized aspect of the Creator, incarnate in human form.

