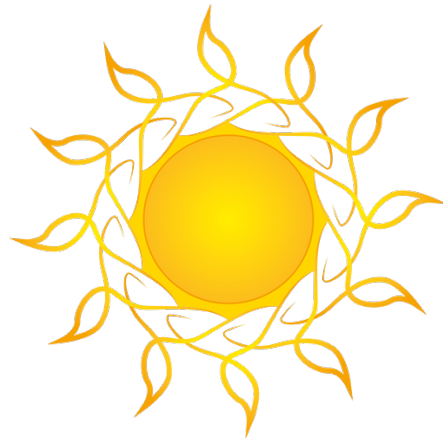




Sunrise Ranch Newsletter

Sunrise Ranch is a retreat and conference center in Loveland, Colorado. We host enlightened teachers and workshop leaders who bring their gifts to help people grow and expand their consciousness. Sunrise Ranch is also the international home of the [Emissaries of Divine Light \(EDL\)](#). EDL is a body of people who have awakened to the creative impulse of Universal Love—the power of the Divine within us. We feel this impulse as the passionate desire to express our unique gifts into the world and speak and act on the deepest truth we know.

UPCOMING EVENTS:



Primal Spirituality 4: Grace

October 24 - 26, 2019

People who take the Primal Spirituality Courses have the opportunity to come into their own personal mastery as a creator and to assist others to move into that same experience. The courses unlock the creative genius that inspires liberated thinking and opens new pathways of Universal Love.

This course consists of clear presentations and powerful experiential exercises that lead the participant into a knowing of their Primal Spirituality. Primal Spirituality courses are led by an experienced team of teacher-facilitators who assist participants on the journey of becoming on the outside what they already are on the inside—a Being of great wisdom and love.

[Learn More](#)



Path of Love

November 2 - 9, 2019

The Path of Love is an intense and effective developmental process that will support you to find inner resources to transform your life. Integrating the latest research and understandings in scientific and spiritual development, this work teaches tools to access and develop your emotional intelligence, facilitating a shift in self-awareness, empathy and motivation. This inner shift has a direct effect on your state of well-being, outer confidence and interpersonal relationships.

[Learn More](#)

Introduction to Attunement (free event)

November 16, 2019



Free

Introduction to Attunement

- An energy medicine practice that opens up gateways for renewal through the endocrine glands
- A daily consciousness practice for personal wellbeing and empowerment
- A meta-practice that empowers the healing work of medical professionals and therapists
- Core principles of emotional intelligence that change people's lives

When: Saturday, November 16, 2019 — 10 a.m. to 5 p.m.

Presented by: Leading Teachers of Attunement Certification

Register early! Contact Sunrise Ranch
reservations@sunranch.org
(970) 679-4200

*(Light lunch and
snacks included.)*

Your Teachers:



David
Karchere



Jane
Anetrini

[Claim your spot! Register now for this FREE event!](#)

All of these events are hosted at Sunrise Ranch Retreat and Conference Center in
Loveland, Colorado.

[See our Upcoming Events Calendar](#)

Join Our Team!



Sunrise Ranch has openings, including an opening for the **Director of Gardens and Greenhouses**. This person will manage all personnel and be responsible for all operations in our Gardens and Greenhouses.

Know of a good fit? Please let them know about us!

[Learn more and apply here](#)

What's Happening on the Ranch?



One sheep wanders over to find out what the chickens are eating on September 6.



Ignacio and Carly enjoy fresh watermelon September 18 as they work in the garden.



Class members in a Permaculture Design Course practice yoga on August 31.



Finn, one of our Full Self Emergence Interns, poses in his new suit on September 22.



Cows hang out near the canal as the sun shines through the clouds behind them.



Abbey gives treats to the alpacas and sheep on September 16.



Angelica and others pick strawberries September 24. With an abundance of produce, a number of community members have been spending time helping out in the gardens and greenhouses.



Up at the Chalet on September 29, a group of Emissary servers, trustees, and community members get together to enjoy an evening of singing, dancing, and entertainment.



Community Spotlight

Meet David!



To see more video portraits of Sunrise Ranch Community members, visit <https://sunranch.org/videos/> and click on "Community Video Portraits."



In this video, Jane Anetrini speaks on the Courage to Be Yourself during **Sunday Service** on September 26, 2019.



David Karchere @davidkarchere ·



When we have the courage to truly think, to act, to be ourselves in all the dimensions of ourselves, we expand, and the vessel for the Divine expands, and in it comes. It takes all of us as a human being to welcome in all of the divine reality that is the reality of who we are.

[Follow David on Twitter](#)



Courage: The Virtue that Unlocks All Others

By Jerry Kyasnicka

Courage may be the most important of all human virtues because a good case can be made that it unlocks all the rest. The other virtues and qualities of true character will never be known unless they are activated and expressed, and that takes courage. Courage initiates the action needed to actually embody such admirable qualities as generosity and just plain integrity. All these qualities are differentiations of that great reservoir of love at the core of every person's being.

As human beings, we are, in a sense, called by life to release the prodigious substance and energy at our core in thought, word and deed. If the power of creation within each one of us remains locked up because we simply don't have the courage to let it out and give it expression, our life tends to descend into mediocrity and what one person described as "death on the installment plan." Courage unlocks the door to let our magnificence pour out.

[Continue Reading](#)

The Seven Foundational Truths

For the next several months, we will share our [seven foundational truths](#) of the human experience. Each one of them offers conscious empowerment for the soul.

We don't recommend blind belief in these statements. Instead, we invite you to reflect on them deeply. Explore whether they are true for you. See if they let you access something that you already know but might have forgotten. Ponder how your life changes when you embrace the truth of these statements.

3: In All Things, Give Thanks