



Sunrise Ranch Newsletter

Opening to Spiritual Current

In real meditation, prayer or Attunement, we are opening to allow spiritual current to descend through the silver cord from the Invisible into our individual field of energy and consciousness.

- David Karchere

UPCOMING EVENTS at Sunrise Ranch

Introduction to Attunement

(free event)

February 29, 2020



Free

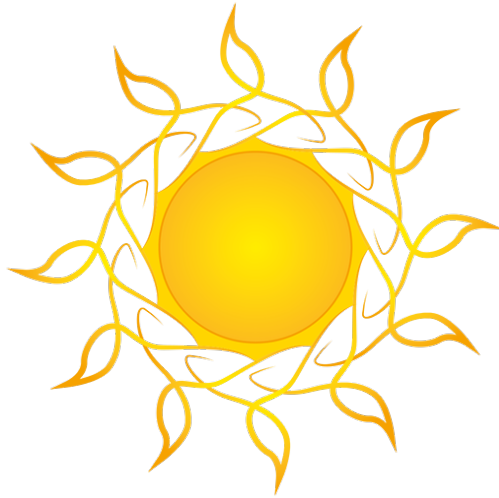
Introduction to Attunement

- An energy medicine practice that opens up gateways for renewal through the endocrine glands
- A daily consciousness practice for personal wellbeing and empowerment
- A meta-practice that empowers the healing work of medical professionals and therapists
- Core principles of emotional intelligence that change people's lives

[Claim your spot! Register now for this FREE event!](#)

Becoming a Sun

March 17-21, 2020



This is an experiential, customized program that will impact your life through the use of emotional and spiritual intelligence.

Spend five days at beautiful Sunrise Ranch and we'll embark upon an uplifting, empowering journey to explore your personal destiny ... and how knowing what it is can help you shine your unique rays of light into the world!

By the time we're finished, you will KNOW your life purpose and calling and be inspired to move forward as never before. You will have experiences to free yourself of the negative messages and patterns of belief so that you can have a happy and fulfilling life!

[Learn More](#)

[See our Upcoming Events Calendar](#)

**Meet international
bestselling author of**
BECOMING A SUN

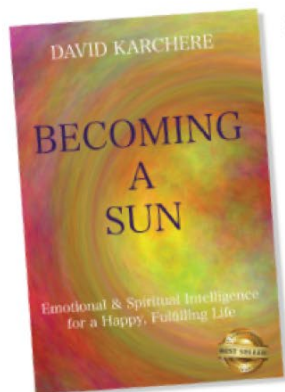
Emotional & Spiritual Intelligence
for a Happy, Fulfilling Life

*Learn to Access the Passion, Genius and
Personal Radiance that is Natural to You!*



David Karchere

*Author, Poet, Speaker, Teacher
and Evolutionary Leader*



**Stop by for soup and
sandwiches with international
bestselling author
David Karchere!**

**11 a.m. Saturday, February 8
Herbs & Arts
2015 E. Colfax Avenue
Denver • (303) 388-2544**

Presented by



Full Self Emergence Program

The Full Self Emergence Program is an amazing opportunity for people from all walks of life who are awakening to what their life is really about. People who complete the program find a clearer vision for themselves and a deeper understanding of their personal mission. Most of all, they feel the joy of being more fully, and more confidently, themselves.



Are you feeling the call to fully emerge as your true self?

[Apply for FSE here.](#)

Applications are due by February 24.

Sunday Highlights



Ruud West plays his didgeridoo at Sunday service, January 26.

[Join us live](#) every Sunday at 11 a.m. Mountain Standard Time.

You don't need an excuse to feel joy.



Community Spotlight

Meet Oren!



To see more video portraits of Sunrise Ranch Community members, visit <https://sunranch.org/videos/> and click on "Community Video Portraits."

What is Spiritual Regeneration?



All living things are hardwired for regeneration—the natural ability to renew themselves and evolve.

Spiritual regeneration is the ability of humans to tap into Divine Being within each of us. When we experience spiritual regeneration, Universal Love and creativity flow through us—creating a feeling of “being ourselves” and “being at home.”

[Read More](#)

What's Happening at the Ranch?



Author David Karchere hands a book to a visitor at a book-signing event on January 18.



Dr. Jane Anetrini presents The Art of Living Attunement during the Loveland Healers Symposium on January 12.



Maria Louize offers an energy clearing and sound meditation during the Loveland Healers Symposium on January 12.



Michael Gaeta speaks at the Loveland Healers Symposium on January 11. This event was hosted by Sunrise Ranch and featured incredibly talented and knowledgeable speakers and presenters.



Emissaries of Divine Light

Sunrise Ranch is the hub of a network of people who are connected with Emissaries of Divine Light around the world. Emissaries of Divine Light believe that the essential nature of every human being is divine, that we are all born to live a happy and fulfilling life through the expression of the unique spiritual gifts within us. We believe that all unhappiness and failure stems from a failure to express our unique gifts. And all happiness and fulfillment flows when individuals give what is theirs to give in life.

From 'I Want' to 'I AM'

by Jerry Kvanicka



Can you take your desire for what is sweet—what is beautiful and lovely—without wanting it in a way that takes you off your spiritual centering? Can you appreciate and enjoy it without

wanting it in a way that compels you to go after it, leaving empty the place where you belong in the Cosmic Story—wanting it in a way that disables your spiritual power and takes you out of your rightful place?

[Read More](#)

The Seven Foundational Truths

Each month, we have been sharing our [seven foundational truths](#) of the human experience. We've now reached the seventh truth in this series and would love to know your thoughts and reflections on this material. Just hit "Reply."

We never recommend blind belief in these statements. Instead, we invite you to reflect on them deeply. Explore whether they are true for you. See if they let you access something that you already know but might have forgotten. Ponder how your life changes when you embrace the truth of these statements.

7: Let Love Radiate Without Concern for Results

When we open to the flow of Universal Love through our emotional body, and offer it unconditionally to the world, we become a transparent connection to the Divine.



There is so much more we would love to share with you. [Follow us on Facebook to see more!](#)