



## Sunrise Ranch Newsletter

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*Happy  
New Year* ★★

Let there be a space for wisdom to come through our consciousness, that there may be peace on earth.

Let us bring love.

Let the collective heart of humanity be opened, so that we may see oneness.

Let us receive the light that is coming to the world at this time.

Let us open our hearts and our minds and become aware of that divine spirit, that love, that permeates all of us; let us shine our light.

Let the mind of God and the heart of God live within us with passion.

(This is a sampling of blessings spoken during the [Sunday Service](#) on December 15.)

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## UPCOMING EVENTS at Sunrise Ranch

### Loveland Healers Symposium

January 11-12, 2020

You don't want to miss this exciting two-day New Year's event. It's jam-packed with incredible experiences and presenters sharing their wisdom on various aspects of wellness. You will learn new ways to care for your mind, body and heart and set new intentions for the best year yet!

Receive 50 percent off with promo code "Fifty"

*The Second Annual*  
**Loveland Healers Symposium**  
Focus On Nutrition, Health & Well-Being | Day 1: January 11th, 2020

*Kristy Hall, MS, ROHP, RNCP*

*Dr. Michael Gaeta*   *Dr. Simi Ahuja*   *Monica Corrado*   *Diana Sproul*

*Jonelle Davis*

**The Second Annual  
Loveland Healers Symposium**  
Guided Transformation Process - Clear Vision For 2020  
Day 2: January 12th, 2020

SUNRISE RANCH

*Apollo Love*   *Flora Melby*   *Dr. Jane Anetrini*   *Secé Foster*

[Learn More](#)

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## Your Sexual Homecoming

January 23-26, 2020



Nearly every human has taken on some shame, guilt, negativity, harsh judgment or trauma related to their sexuality in some way. Until we take it out and look at and discover what we are meant to learn from it, it will continue to eat away at us and prevent us from living our most vibrant life. Sexuality is the key to our creativity and the life force within us. Being in right relationship with our sexuality—including our body, our desire, our pleasure, our love and our erotic nature—is key to being our most joyfully expressed self.

Awaken and reclaim your vibrant sexual life during this three-day deep-dive retreat with Amy Jo Goddard and Karin Green.

[Learn More](#)

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# Introduction to Attunement

(free event)

February 29, 2020



*Free*

# Introduction to Attunement

- An energy medicine practice that opens up gateways for renewal through the endocrine glands
- A daily consciousness practice for personal wellbeing and empowerment
- A meta-practice that empowers the healing work of medical professionals and therapists
- Core principles of emotional intelligence that change people's lives

**[Claim your spot! Register now for this FREE event!](#)**

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**[See our Upcoming Events Calendar](#)**

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## David Karchere's Book Signing

Meet international bestselling author David Karchere

and get your signed copy of his book, *Becoming a Sun!*

Please join David for a late-morning pick-me-up and some conscious conversation. At noon on January 18 at [Loveland Coffee Co., 620 East 29th Street](#) in Loveland. At 1 p.m., we will go next door for the book-signing event, which will be held at [Book Haven, 680 East 29th Street](#) in Loveland. Learn more about this bestselling book [here](#), and get a signed copy of [Becoming a Sun: Emotional & Spiritual Intelligence for a Happy, Fulfilling Life](#) during our book-signing event on January 18!



**David Karchere**

@davidkarchere

Follow



When a person does something that is courageous, stands up for what they know is right and true, that's a loving act. So there is a face of love that is positive and declarative, expressive in that way. It's bringing the urge and the impetus of Creation into the world.

10:51 AM - 17 Dec 2019

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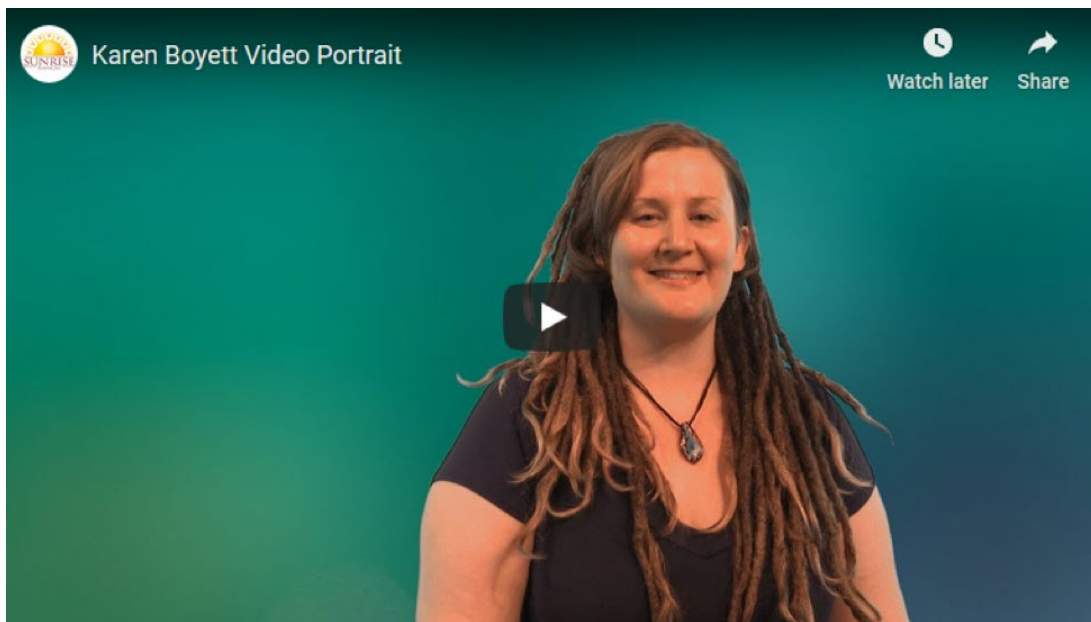


The Sunrise Band rocked it on Sunday, December 14! Enjoy this original song by Sece Foster. [Join us live](#) every Sunday at 11 a.m. Mountain Standard Time.

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## Community Spotlight

Meet Karen!



To see more video portraits of Sunrise Ranch Community members, visit <https://sunranch.org/videos/> and click on "Community Video Portraits."

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## What's Happening at the Ranch?



**Sunrise Ranch residents gather in a circle just before decorating the Christmas tree and the Pavilion on December 4, 2019.**



**Bryan hangs a wreath from the Pavilion roof while Ashley offers support on December 7.**



**Jackie poses with Bernie the baby rooster in the chicken coop on December 13.**



**Sunrise Ranch hosted a Christmas party for residents and friends on December 7. The Sunrise Band—Oren, Roshana, Heather, Chris and Sece—got the room rocking.**



**Sunrise hosted a booth during the Winter Wonderlights celebration December 13 and 14 in Loveland, offering cookie painting, chocolate fondue and hot chocolate.**



The Greenhouse crew—Dustin, Chris, Amanda and LeAnn—pose for a photo on December 19.

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## What is Sunrise Ranch?

Sunrise Ranch Spiritual Retreat Center has programs that empower personal transformation and world service. We offer conference facilities for leading-edge organizations, opportunities to participate in our 400-acre ranch and farm, and connection with like-minded people in this multifaceted spiritual community. Sunrise Ranch is the headquarters for Emissaries of Divine Light, a global spiritual network.

## Join Our Team!

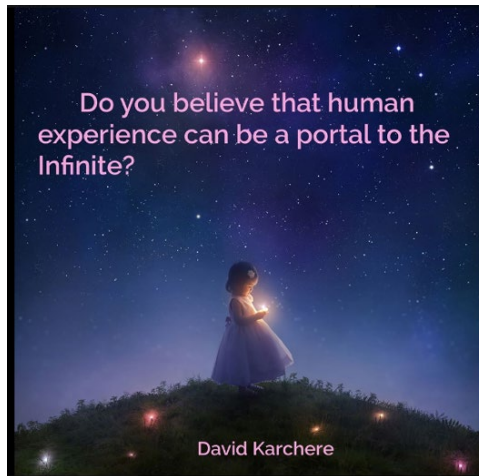


Sunrise Ranch has openings, including an opening for the [Homekeeper](#) to help in our Accommodations Building and other areas around the Ranch.

Know of a good fit? Please let them know about us!

[Learn more and apply here](#)





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## Global Warming: Unification or Extinction

by Jerry Kvasnicka



Fire, a symbol of love, can create or destroy. In our day, the destructive and purgative agent could well be fire. Fire is ironically a symbol of love, the elemental force that created and sustains everything in the cosmos. But if love is twisted and distorted into something alien to its true nature, it becomes a destructive force. And this is exactly what human beings have done, and they are now reaping the consequences in the form of global warming, which could well develop into global conflagration.

[Continue Reading](#)

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## The Seven Foundational Truths

Each month, we are sharing our [seven foundational truths](#) of the human experience. Each one offers conscious empowerment for the soul.

We never recommend blind belief in these statements. Instead, we invite you to reflect on them deeply. Explore whether they are true for you. See if they let you access something that you already know but might have forgotten. Ponder how your life changes when you embrace the truth of these statements.

### **6: You know what you express**

Each of us possesses profound gifts and talents that are unique to us. When they are given, our world thrives and we are fulfilled. If those gifts and talents are not given, our world withers and we live in misery.



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There is so much more we would love to share with you. [\*\*Follow us on Facebook to see more!\*\*](#)