

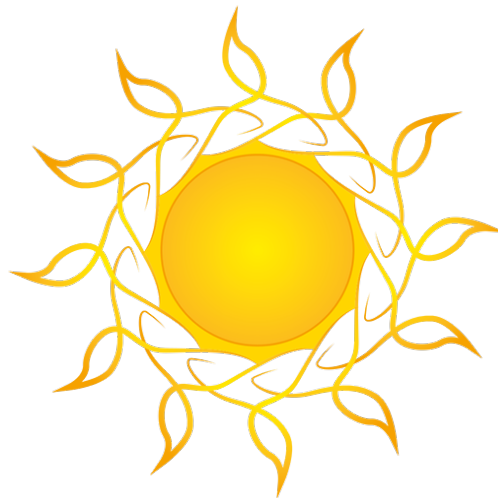


Sunrise Ranch Newsletter

UPCOMING EVENTS at Sunrise Ranch

Becoming a Sun

March 17-21, 2020



This is an experiential, customized program that will impact your life through the use of emotional and spiritual intelligence.

Spend five days at beautiful Sunrise Ranch and we'll embark upon an uplifting, empowering journey to explore your personal destiny ... and how knowing what it is can help you shine your unique rays of light into the world!

By the time we're finished, you will KNOW your life purpose and calling and be inspired to move forward as never before. You will have experiences to free yourself of the negative messages and patterns of belief so that you can have a happy and fulfilling life!

"Becoming a Sun went much deeper than I could have ever imagined!
It was truly magical and has certainly changed my life!
I have never attended such a profound workshop in all my journeys!
I am in awe ... thank you."
– Elania L. – Becoming a Sun Workshop Participant

[Learn More](#)

Path of Love Process

April 4-11, 2020



The Path of Love is an intense and effective developmental process that will support you to find inner resources to transform your life. Integrating the latest research and understandings in scientific and spiritual development, this work teaches tools to access and develop your emotional intelligence, facilitating a shift in self-awareness, empathy and motivation. This inner shift has a direct effect on your state of well-being, outer confidence and interpersonal relationships.

[Learn More](#)

Permaculture Design Course

One weekend per month, April 11 - October 11



In this professional course, which offers more than 100 hours of experiential learning, participants will explore new ideas for creating household resiliency, designs for reducing ecological footprint, and patterns for local economies while having outrageous fun! Beyond the classroom we will offer an Academy for further in depth knowledge and a children's program for parents who would like to take this course, while their kids learn.

[Learn More](#)

[See our Upcoming Events Calendar](#)

Sunrise Ranch Grassfed Beef



We are now selling our delicious grassfed beef online! Grassfed beef is known to be one of the more nutrient-dense proteins on earth. Grassfed beef has a remarkably higher micronutrient profile compared to grain-fed beef. Sunrise Ranch cows are 100 percent grassfed. Grassfed beef is low in fat and high in Omega-3 fatty acids, beta-carotene and vitamin E. Learn more about how we raise our cows [here](#).

[Order grassfed beef today!](#)

Find us at the Irish Party!



Sunrise Ranch will be serving food at the Irish Party in Downtown Fort Collins on Saturday, March 14, 11 a.m. to 4 p.m. Come and find us and enjoy a meat pie, Bailey's cheesecake and Irish lemonade!



Community Spotlight

Meet Amanda!



To see more video portraits of Sunrise Ranch Community members, visit <https://sunriseranch.org/videos/> and click on "Community Video Portraits."

The Hidden Switch



Spiritual regeneration relies on a hidden switch in our consciousness. When turned on, we tap into the massive power of the creative source within us.

The heart of the universe becomes our heart. The intelligent power of Universal Love floods through us, renewing us. The creative field in which we are functioning thrives.

Attuned to the Divine, we become an expression of the Divine in the world.

[Read More](#)

When we are attracted to the One Reality that we call God, which is in all things, we are brought into wholeness, and all the forms of our immediate human experience are brought together into one place.

—*David Karchere*



Sunday Highlights



January 5, 2020: In this excerpt from Sunday service in the Dome at Sunrise Ranch, EDL Trustee Jane Anetrini gives a message about how it's in our DNA to be a blessing to others.

[Join us live](#) every Sunday at 11 a.m. Mountain Standard Time.



David Karchere
@davidkarchere

What is most valuable, most holy, most worthy of our worship and adoration—not as something out of the past, but as a living reality that is central to you and to me. When we give voice to that central reality, in essence we say, I Am That I Am. I am that Love.

1:39 PM · Feb 17, 2020 · [Twitter Web App](#)



One Heaven of a Screening Party

By Tom Cooper

Have you ever gone to one of those screening parties where a few friends or a group watched a movie and then discussed it or socialized?

I've always enjoyed those special evenings. However, the downside was that by the time the film ended, it was often too late at night to have much discussion and, although on some occasions it was a great film, sometimes someone would choose a boring or depressing film.

What if there were creative ways to have screening parties that serve a higher purpose? Group fusion can be fun and uplifting especially in the winter or on a rainy night when it's not easy to work or play outdoors.

[Continue Reading](#)

We Love Our Community!



The Kitchen and Dining staff put on an amazing Valentine's Day Luncheon for Sunrise Ranch residents on February 14. The Dining Room never looked so elegant, and the food was off-the-charts delicious.

Sunrise Ranch can accommodate large or small groups in our ample meeting rooms. We also offer farm-to-table meals. If you are interested in bringing your event or retreat at Sunrise Ranch, [let us know!](#)

Emissaries of Divine Light



The purpose of Emissaries of Divine Light is to contribute to the spiritual regeneration of humanity, under the inspiration of the spirit of God. We believe that God lives within each one of us and is the creative source within everything.

Sunrise Ranch, and other Emissary Centers, are devoted to bringing spiritual regeneration to the world. As a part of that effort, Sunrise Ranch is a teaching and demonstration site for regeneration in all the dimensions of human culture.

Transform in Australia



Our sister community in Australia, Riverdell Spiritual Centre, is offering the Full Self Emergence Program.

Full Self Emergence is a program designed to share the enlightened knowledge of the

transformational process that frees people to be fully themselves. It allows the participant to shed any limiting patterns of thought and belief they have absorbed from the world around them. We live in a time when people are awakening and the very heart and soul of planet Earth is experiencing a rebirth. Fresh ideas and new technology abound. The heart of humanity is deepening. And a new vision of our future is inspiring people across the globe. In culture and society—and individually for each person—for something new to be born, something else has to fall away.

Part 1 will be April 18 – April 26, 2020, and part 2 will be July 25 – August 2, 2020.

[Learn More](#)

"Within every person is a creative spirit, passionate to emerge, with unbounded creativity, vitality and joy, and compassion for other people—it is in every one of us."

Looking for a Fun Opportunity?



Our sister community, [Hui Ho'olana](#) in Molokai, Hawaii, is looking for a volunteer/intern to serve as a Hawaiian native plants nursery & field tech. There are two upcoming opportunities from March 18 to June 23 or from October 4 to December 15, 2020.

The mission is Hui Ho'olana—in the process of restoring the land to its original native species—plants that have lived together in harmony for thousands of years. This gesture holds the key to our being here: to care deeply about each other, our guests and the land we inhabit. Our workshops reflect this mission— being held, loved and cared for.

For more information, email hui@aloha.net

There is so much more we would love to share with you.

[Follow us on Facebook to see more!](#)