



Sunrise Ranch Newsletter

At Sunrise Ranch, we are holding a vigil for the world through this global pandemic. We are *staying at home* in solidarity with our nation and the world and for the sake of our own health.

While we are practicing physical isolation, we are moving into greater social and spiritual intimacy. We are finding each other and loved ones around the world in a new way. We are truly holding a vigil for humankind and for our collective rebirth.

Global Days of Unity



We welcome people from all traditions and backgrounds into a space of Universal Love. Join us on [Facebook](#) or [Zoom](#) live on Sundays at 11 a.m. MDT while we all move through this challenging time together as ONE.

Looking for Grassfed Beef?

We are now selling our delicious 100 percent [grassfed beef](#) online! Our beef is:

- grassfed and grass-finished. No grain, ever!
- locally raised in Loveland, Colorado
- rotationally grazed
- natural—no antibiotics or added hormones
- humanely produced and handled
- processed locally in a small, family-owned USDA-inspected facility
- sold in individual cuts and in packs

[ORDER GRASSFED BEEF!](#)



Amidst this global pandemic...

As a community, our love and our connection remains strong. We are adhering to physical distancing, but we are not socially distant. In fact, we are finding a deeper connection with each other through platforms like Zoom.



On Tuesday, March 24, many of us in the community came together for a live Zoom coffee break to check in and enjoy some time together.



Before the pandemic, our community of approximately 90 people used to eat most of our

meals together. Adjusting to the new physical distancing rule, we are now delivering fresh meals daily. Above, our amazing executive chef, Barrett, prepares food to be distributed by the meal delivery angels.



Our food delivery angels keep a 6-foot distance while waiting for their lists to be prepared.



Meet Connie, who is part of the team of angels delivering meals and groceries to our Sunrise Ranch community members.



Meet our greenhouse manager, Leann Hertz, as she shows off some of the harvest. Our greenhouses continue to flourish, and we are so grateful for our farmers who lovingly grow our food.



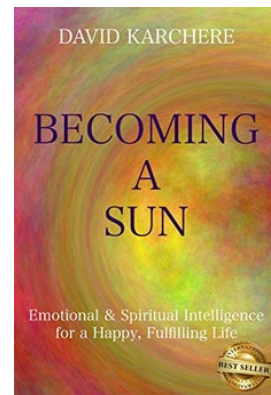
We are fortunate to be surrounded by beautiful landscape during this stay-at-home time. Oren takes his pup, Meadow, for a walk to enjoy the sunshine.

It's a perfect time to invest in you!

Now that you have more time for you, order your copy of [Becoming A Sun](#).

David Karchere's Becoming a Sun is a sun; it literally shone through my heart the moment I began to read it. It is the sun of light, love, the radiance of Source glowing through each of us. With this book we are able to feel the sun within us.

~ Barbara Marx Hubbard ~
Foundation for Conscious Evolution





David Karchere
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For us to integrate as humankind, we are facing a mass surrender. Not a giving up or a giving in, but a looking up, a letting go, and opening to a vibration so that can come through and energize the world in a different way and bring transmutation, a change of state.

12:49 PM · Mar 23, 2020 · [Twitter Web App](#)

Community Spotlight

Meet Linda!



To see more video portraits of Sunrise Ranch Community members, visit <https://sunranch.org/videos/> and click on "Community Video Portraits."

THANK YOU to grocery store clerks
THANK YOU to truck drivers
THANK YOU to medical professionals
THANK YOU to restaurant workers
THANK YOU to generous neighbors
THANK YOU to warehouse workers
THANK YOU to farmers
THANK YOU to janitors, garbagemen,
and other sanitation workers

Sunday Highlights



During Sunday service on March 15 in the Dome at Sunrise Ranch in Loveland, Colorado, an original song written by Oren Yakovee entitled *I Am That I Am* was performed by (left to right): Roshana Ariel (fiddle), Oren Yakovee (guitar and vocals), Tara Crown-Yakovee (vocals) and Sece Foster (vocals).

**[Join Us Live](#) every Sunday at 11 a.m.
Mountain Daylight Time.**

Emissaries of Divine Light



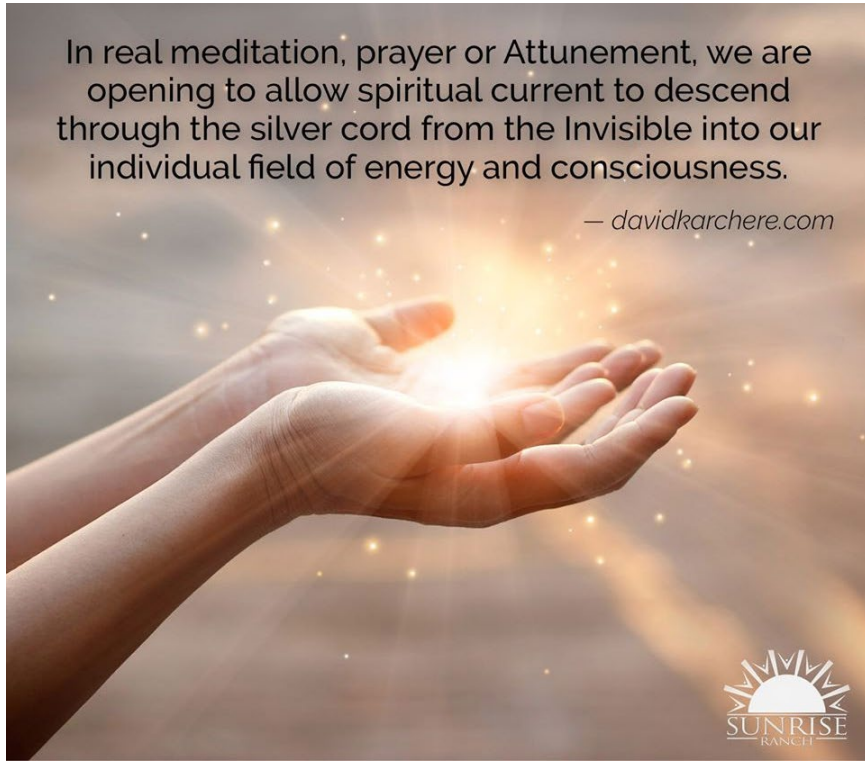
We believe that just as the diseased elements of our existing culture are contagious, so is awakening.

We believe there is a profound impact when the essential thoughts, feelings, ideas and visions of awakened consciousness are expressed and embodied in the world. This is why we come together online, in-person and in communities around the world. It is why we operate Sunrise Ranch and other spiritual centers, publish books, hold services, offer educational programs and promote regenerative culture in all its forms.

[Learn More About Emissaries of Divine Light](#)

In real meditation, prayer or Attunement, we are opening to allow spiritual current to descend through the silver cord from the Invisible into our individual field of energy and consciousness.

— *davidkarchere.com*



There is so much more we would love to share with you.

[Follow us on Facebook to see more!](#)