



Sunrise Ranch Newsletter

May 2020

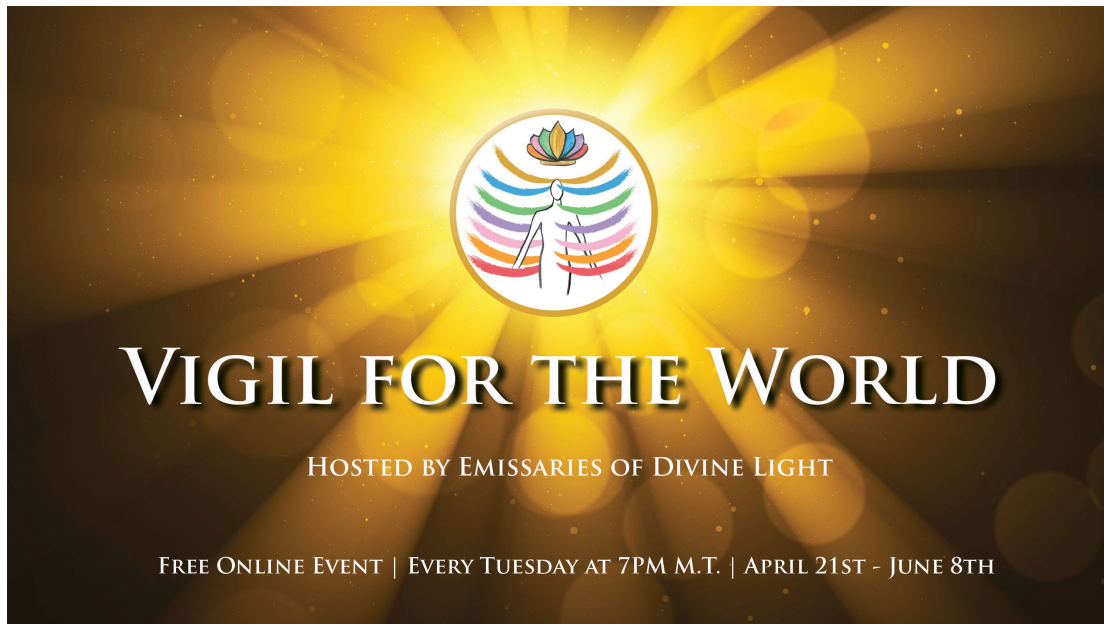
During this global pandemic, Sunrise Ranch is working hard to keep our community and future visitors safe by practicing physical distancing, working from home whenever possible, delivering meals and groceries to residents, postponing classes and events, holding all meetings and services on Zoom, caring for our elders and helping each other with errands in town.

As long as we pull together, we'll make it through. The stronger we are in our mental, emotional, and physical self-care, the healthier we will stay. And the healthier we stay, the stronger we'll be for our families, friends, coworkers, and community at large.

Global Days of Unity



We welcome people from all traditions and backgrounds into a space of Universal Love for our Sunday service. Join us live on [Facebook](#) or [Zoom](#) on Sundays at 11 a.m. MDT while we all move through this challenging time together as ONE.



It's not too late to join in! We would love to have you join this Vigil for the World, a free online 7-week webinar series occurring every Tuesday at 7 p.m. MDT through June 9.

[Register Here](#)



This [online festival](http://www.oneearthlive.com) features a diverse mix of inspirational programming.

Order Produce and Grassfed Beef



Order our grassfed beef or a huge selection of produce: beets, asparagus, spinach, basil, celery, tomatoes, cilantro, eggplant, kale, garlic, mushrooms, onions, potatoes, lettuce, chard, beans, nuts, grains, and much, much more! We deliver or you can pick it up. These delicious gifts from our greenhouses are selling fast!

[Order Online!](#)

What's Happening at Sunrise Ranch



A beautiful Pink Moon rises on April 8, 2020, while a herd of elk make Eden Valley their home for several days.



Many of our iconic photos are taken by Media Team Manager Jim Gray. His wife, Heather, who took this picture on April 15, is also an excellent photographer.



Joaquin Negrón works on trellising peppers in the Greenhouse on April 9.



Is it spring yet? Tiny buds are appearing on branches under a light snow cover on April 12.



One day we're wearing shorts and tees and the next day, everything is covered with several inches of snow. Here Brian Mullen blows snow off a path on the Sunrise campus on April 16.



As quickly as it arrived, the snow disappeared with a week of mild weather. Chris Browne puts all of his weight, literally, into getting an old fence post out of the ground on April 25.



Dustin Hargrove seems very excited about a bumper crop of cherry tomatoes, which he delivered from the Greenhouse on April 23, while Denis Leefe, who puts together our grocery orders each week, enjoys Dustin's enthusiasm.



With the shelter-in-place orders in full swing, Sunrise Ranch is taking on few if any farm interns, so residents who are available come out to the garden to plant our veggies.

It's a perfect time to invest in you!

Now that you have more time for you, order your copy of [Becoming A Sun](#).

"What your world and the people in it need most from you is for you to be a sun. It is the most natural thing for you to do to bring your warmth, your light, and the gravity of who you are."

- From *Becoming a Sun*, by David Karchere

Becoming a Sun

Love Donations

For the majority of us, "Business as usual" has changed in a huge way. We are being offered an opportunity to reset and find a new way to be—individually and collectively.

At Sunrise Ranch, our Retreat and Conference Center is our largest source of income, and it has been hit hard by the restrictions necessitated by COVID-19. We continue to keep our mission and our community as our top priority, letting Love radiate without concern for results.

People like you in our community help us keep growing stronger. Please consider making a financial contribution today.

[Make a Donation](#)



David Karchere
@davidkarchere



True creative thinking transcends the personal and the self-preoccupied. True creative thinking is opening up to what the Creator is thinking in the field in which we find ourselves. Real thinking is an active awareness of the cosmic unfolding pattern.

12:47 PM · Apr 30, 2020 · [Twitter Web App](#)

Community Spotlight

Meet Dot!



Dot Voutiritsa Video Portrait



Watch later



Share



To see more video portraits of Sunrise Ranch Community members, visit <https://sunriseranch.org/videos/> and click on "Community Video Portraits."

I know that this life energy force in me
is impenetrable by anything on
the outside.

— JJ Johnson

