



# Sunrise Ranch Newsletter

## October 2020

---

*Do something outside yourself, something to make life a little better for people less fortunate than you. A meaningful life is one lived not just for oneself but for one's community. — Justice Ruth Bader Ginsburg*

---

### The Future of Sunrise Ranch

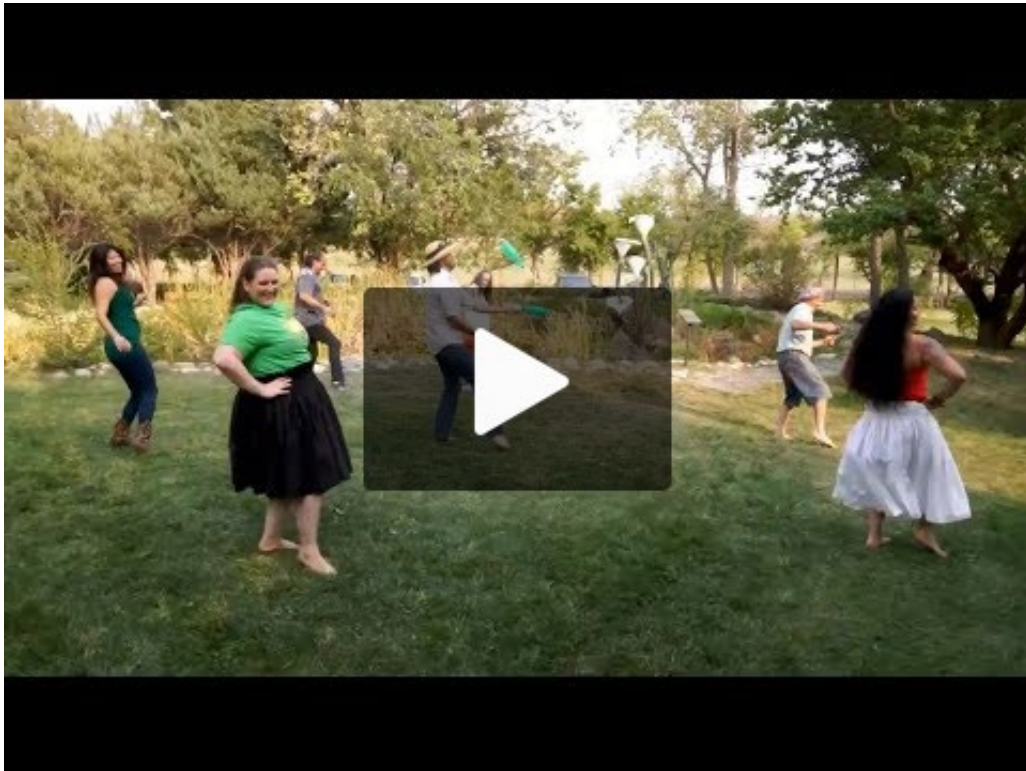


In this time of uncertainty, we know we have a bright future full of possibilities. It's not in our nature to give up when challenges arise. We are a strong, adaptable and resilient community living with a core purpose, bringing a quality of spirit that our world needs!

If you would like to be a part of Sunrise Ranch's future, there are many ways to get involved —from attending [online services](#), [hosting your event](#) at Sunrise Ranch, [volunteering](#), or even [making a donation](#)... our connection holds so many possibilities!

---

**#JerusalemDanceChallenge**



Sunrise Ranch has embraced the Jerusalem Dance Challenge. This challenge took off in Africa as lockdowns began and the challenge has spread worldwide. The song *Jerusalema* by South African musician Master KG, is in IsiZulu, one of South Africa's 11 national languages. It brings hope from Africa to the world. The words are a prayer to take you into a sacred place.

---



# Holiday Season is Near!

This year, we may be experiencing our holidays a bit differently than years past. Whether it's cooking or hosting, Sunrise Ranch is here to give you a hand and make things a little easier and a lot more joyful!



## Catering

Want to serve noteworthy holiday meals this year? Our incredibly talented head chef and amazing kitchen staff (just ask anyone who has eaten a meal here!) are ready to take your orders and help plan a fantastic spread with our grassfed beef and beyond-organic produce.

[Contact us](#) to find out more.

## Holiday Parties

We have a variety of event spaces that would be perfect for your group.

We also have professionals that can live-stream your event so you can reach your family and friends across the world.

Inquire about hosting your event [here](#).



We have you in mind and are taking several precautions for events. [Read more here](#).

---

## Celebration of Life Ceremonies

We embrace all cycles of life. Consider Sunrise Ranch as a place for the Celebration of Life ceremony for your loved one.

— **Serene Landscapes**

- Livestreaming services
- Variety of spaces
- Piano/Organ on-site
- Catering available



[Inquire Here](#)

---

## Hello from behind the scenes!



I'd like to take a moment and honor this unseen connection between you and me. For the past several years, I've been composing this newsletter that serves to connect you to the spirit of Sunrise Ranch, which is my home.

I think about you every month. You're an important part of our extended community and having you with us makes a big difference. I hope you find our content uplifting and inspiring. Thank you for connecting and being together with us!

Cheers!

— Lana

P.S. In case you can't see it, the words inside my cup read, *Love the moment.*

---

## Focus on Lightworkers Interview with Dr. Ruth

## Anderson and David Karchere



If you haven't already, you are invited to come meet David Karchere, author of the bestselling book, [\*Becoming a Sun: Emotional and Spiritual Intelligence for a Happy and Fulfilling Life\*](#). He is an author, speaker, poet and workshop leader who brings insights to the process by which we access the light and warmth deep within the human soul.

David is the spiritual director at Sunrise Ranch, a teaching and demonstration site for Primal Spirituality, and the leader of Emissaries of Divine Light, a global spiritual movement.

---

## Sunday Highlights

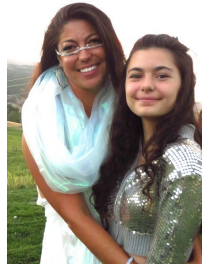


Two of our friends who also serve as trustees, Keahi and Jane, improvised on their drums in this exhilarating excerpt from Sunday service in the Dome at Sunrise Ranch, Loveland, Colorado.

---

## Community Spotlight

Community living is not for everyone, but it delivers a dimension of connection that most people inherently desire. Imagine knowing people in your life on a more intimate level through sharing an intention and living it through your work and home life. People come to Sunrise Ranch to learn principles of universal truth and personal responsibility for the life they have created, to transform their daily living, meaningful work and interpersonal relationships, and to renew their sense of joy and connection with others. They become a loving presence of influence in their world.



The Ranch had a community event September 19 called *Celestial Bodies in Motion*. It included aerial “prayerperformances,” stargazing and storytelling.



Linda walks past the Administrative Building’s marigolds on September 9, with snow-covered trees behind her.



The snow didn’t last long. Gary and Bruce show off a harvest of raspberries in the garden on September 12.





Charlotte joins some of the Garden/Greenhouse Team—Amanda, LeAnn and Jackie—as they pose with their delicious veggies for sale at a farmers market.



Bruce smiles over a table full of colorful, healthy vegetables at the farm stand. Come over to see us and take home fresh produce. Navigate to 100 Sunrise Ranch Road in Loveland, CO, and watch for the farm stand signs on County Road 29.

---

There is so much more we would love to share with you.

[Follow us on Facebook to see more!](#)