



Sunrise Ranch Newsletter

December 2020

The spiritual life does not remove us from the world but leads us deeper into it.

— Henri J.M. Nouwen



Happy Holidays!

This season, as things begin to slow and we are tucked away at home, we seek to invite a cozy, peaceful spirit that the Danish have the perfect word for: *hyggelig*. In this spirit, all is well. We focus on what we can do, instead of what we cannot. We welcome the simple pleasures that life provides us and we allow our hearts to fill with gratitude for our friends and loved ones.



hyggelig

(adj.) taking pleasure from the presence of gentle, comforting and soothing things; a feeling of friendship, warmth, peace and contentment in a comfortable and cozy atmosphere

DANISH | wordstock

We know now not everyone has a comfortable atmosphere to inhabit this year. Our wish is for all of humanity to find and know the joy and comfort in the presence of their own radiant BE-ing, each allowing their light to shine in the world. And to feel the comfort of their light-filled blessings returned tenfold.

We wish you a very special holiday season.

From all of us here at Sunrise Ranch!

ATTUNEMENT WITH SOURCE

Energy Medicine Formulas for Personal Regeneration

This online workshop is your opportunity to move past any energetic or emotional blocks so you can connect to what lights you up and illuminates the path before you. In four weeks, you will understand simple breakthrough formulas embedded in the Attunement Cards and learn how to use them on your life journey. More than that, you will have a firsthand experience of the power of these formulas.

Attunement With Source is an online workshop happening in four weekly sessions: January 9, 16, 23, and 30. Each session will begin at 10 a.m. Denver, Colorado (Mountain) Time and will be 90 minutes long.

[Learn More](#)

A gift for you!

We would love for you to experience a private getaway at Sunrise Ranch to get out of the house and enjoy the beautiful winter scenery in the heart of our gorgeous valley. As our gift to you, we are offering one night free when you reserve two nights.

[Claim your gift!](#)

Kindness Amplified



November 8, 2020: Debbie Riopel evokes the spirit of kindness in this excerpt from Sunday service. Part of our Quarantine Series, Debbie was speaking from her home.

Am I willing? Am I willing to do the work
to let go of the barriers to love?

— Sece Foster



Understanding Others in Transition

It can feel frustrating to be a witness to another person's ignorance. Or to see them make what appear to be mistakes. But as a favorite song of mine says, *We're all swimming to the other side*. We are all part of a climactic transition for humankind that we don't fully understand.

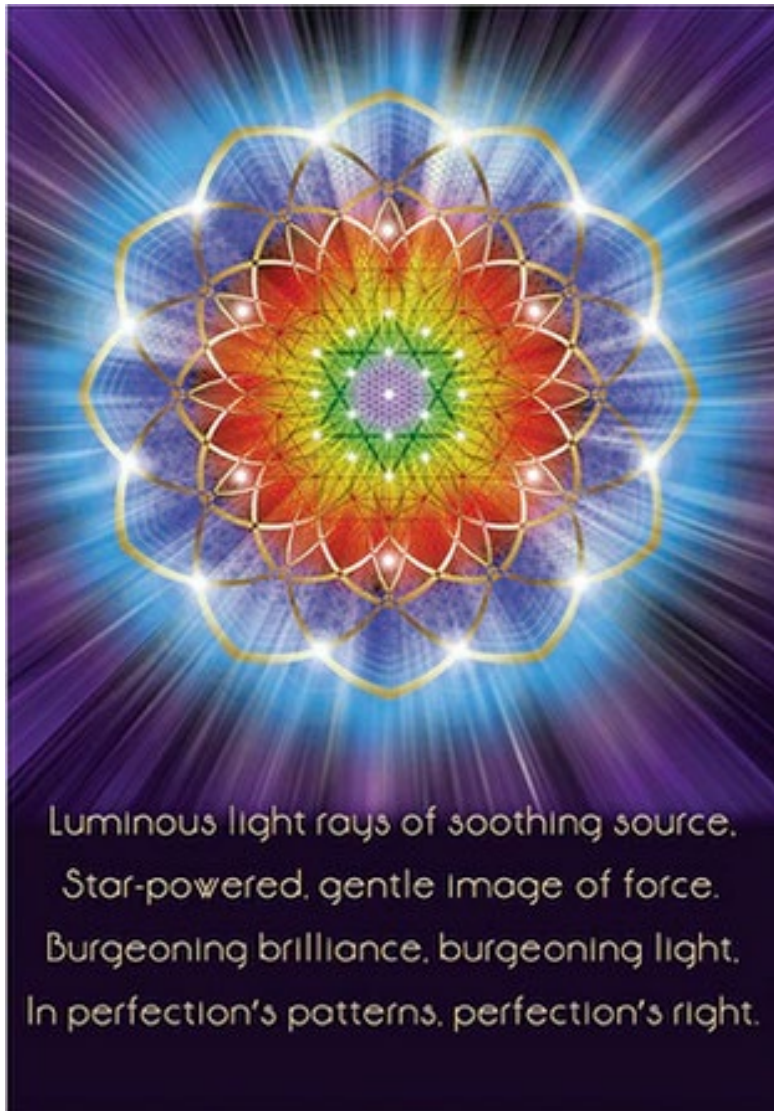
[Continue Reading...](#)



A Gift that Radiates

This time of the year, we know that many are searching for non-profits that they can support with a tax-deductible donation. Please consider supporting Sunrise Ranch by donating or sharing our mission and spiritual teachings with friends.

[Make a Donation](#)



We are so happy to support the Kickstarter Campaign to launch SYNERGEOMETRY. This is a unique, transformational book of Sacred Geometry images and poetic meditative writing. The Kickstarter campaign is running from November 20th – December 20th.

[SYNERGEOMETRY Kickstarter](#)

Celebration of Life Events

We embrace all cycles of life. Consider



Sunrise Ranch as a place for the Celebration of Life ceremony for your loved one.

- **Livestreaming services**
- **Variety of spaces**
- **Piano/Organ on-site**
- **Catering available**

[Inquire Here](#)

There is so much more we would love to share with you.

[Follow us on Facebook to see more!](#)