



Sunrise Ranch Newsletter

May 2021

The larger your beloved community, the more you can accomplish in the world.

— Thich Nhat Hanh

Hello!

It's so great to connect with you again!

We are on a roll with our online courses. They've been going so well and we are over the moon with the feedback we've been getting.

As you may know, Sunrise Ranch has been around for decades and we began as a teaching and demonstration site for regenerative living. We've touched thousands of people all across the world, opening hearts and minds to a deeper truth of themselves and the world. This wisdom has inspired people to unlock their creative potential and bring their unique gifts to the world.

If you're curious and want to learn something new about yourself or if you're craving real, authentic connection, I highly suggest checking out our online learning community, Becoming A Sun Programs.



**BECOMING A
SUN PROGRAMS**

Online Learning
Community

Join Free Today

**SUNRISE
RANCH**
RENEW - LEARN - TRANSFORM

Upcoming Events



BRINGING ATTUNEMENT
To Your Family

May 10 - May 21

Online

Attunement is the conscious practice of being in the flow of life in a centered and balanced way. It is the practice of tuning in to the source of your own wisdom and love. And it is sharing with other people the creative energies that are released in us when we do.

For many people, this time of global pandemic has made the family experience more significant than ever. With more time at home, the family experience intensifies. And with social isolation, many families have been apart. All this creates stress and makes the experience of Attunement in a family more important than ever.

Attunement shared between people can relieve accumulated stress, open the flow of blocked energy, and bring a rebirth. And our own individual Attunement sets us up to be an uplifting, harmonizing influence in our family that has the power to transform its dynamics.

[Learn More](#)

What does our future look like?

Myself and others here in the Events Department are currently attending an online conference hosted by Holistic Centers Network. We are thrilled to be connecting with other centers, sharing wisdom, finding creative solutions to our common challenges, and dreaming into the future of retreats together.

I'd also love to hear from you about events this year. I've put together a quick questionnaire in hopes that you will share your thoughts. We'd love to know what you have to say!

[Share Your Thoughts](#)

A Story of Evacuation and Oneness



Sunrise Ranch Director of Operations Keahi Ewa tells the gripping story of being one of

three people who stayed on the Ranch while everyone else had been evacuated from the valley as firefighters battled the Cameron Peak Fire in October. Listen as she tells of feeling the energy and support of all those who held Sunrise Ranch in their hearts.

Community Highlights



It's a lamb-a-palooza down at The Farm these days! Our accidental lambs are super healthy and seem to be enjoying life. These are the lambs that were born recently as a result of their moms being exposed to males while they were evacuated because of the fires in the valley this past fall. We're happy to have a new batch of adorableness!



Community members help out in the Greenhouse and Garden every other Friday morning. Dorian and Diana show off their work in the Greenhouse.



We had a Community Project Day on April 20, with folks cleaning up around the campus. JJ (left) vacuums the hallway, Uma (center) works on the stairs, and Kris (right) keeps everything straight in the Accommodations Building.



Patrick, a Sunrise Ranch resident, is using a Yeoman's plow to keyline-plow our pastures. Keyline plowing cuts thin rows into the soil, increasing water filtration, and distributing water more evenly across the land. Keyline design helps increase vegetative growth and increase diversity of plant species. We are hoping to see our pastures benefit and thrive from this project.



Jane volunteers her time to help in the garden and greenhouses on Fridays. We are so appreciative of her help.

Do you want to volunteer and learn all about growing your own food? Volunteers are a vital part of our farm operation at Sunrise Ranch. We have a lot of fun together planting, harvesting, and weeding. [Come join us!](#)

Meet Connie & Andrew



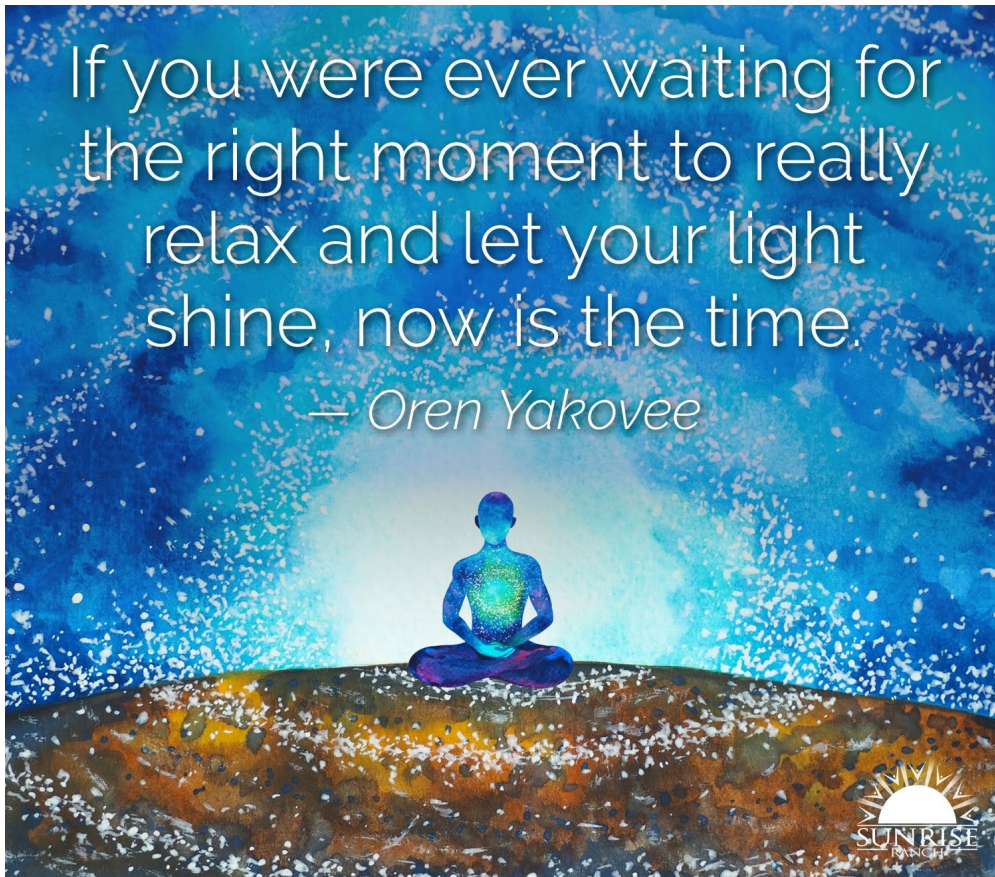
[Connie](#) and [Andrew](#) are part-time residents at Sunrise Ranch and volunteer in our Media Department. They are both incredibly driven and heart-centered authors, entrepreneurs, and free spirits. When they aren't at Sunrise Ranch, you can find them on the road traveling across the United States to work on special projects that are close to their heart.

They are both passionate about climate restoration. Recently, Andrew founded [Sacred Earth Enterprises \(S.E.E.\)](#) to bring climate solutions to the world so that our children and grandchildren can inherit a safe and habitable planet.

They are Sunrise Ranch family and I am glad we get to share a little about their ventures.

If you were ever waiting for
the right moment to really
relax and let your light
shine, now is the time.

— *Oren Yakovee*



Skilled Openings

Being a full-time community as well as resort and conference center, we also offer skilled openings—job positions that require specific or specialized skills. We are seeking talented people to join our spiritual community as full-time residents and members of our staff. As a resident, you can participate in the spiritual life of the community and help us continue to strengthen Sunrise Ranch as a teaching and demonstration site for thriving community.

[View Jobs](#)

An Evolutionary Experiment



The innovation of the human mind that has enabled the human race to create the complex, creative realities we live in today just wows me. Yet, I see how the human mind has also been conditioned to a very small understanding of reality. And seeing that has engendered the deepest passion to be *transformed by the renewing of my mind*. After all, I'm not the voice of the mind. I'm the one who hears it. [Continue Reading...](#)

Eat Local



We are opening a Farm Stand at Sunrise Ranch. Watch for this trailer! It will provide refrigeration and electricity for our Farm Stand very soon. Here it is being moved to its new location on County Road 29. We'll keep you posted regarding dates and hours to pick up veggies!

We're only 20 minutes from downtown Loveland and 30 minutes from Fort Collins.

If you would like to subscribe to our Farm Newsletter, click below:

[Subscribe to the Farm Newsletter](#)

Interpreting Frequencies From Another Dimension



Nowhere else does the universe appear as it does to us earthlings. Not unless there is another species in some other part of the cosmos with powers of consciousness just like us. The practice of Attunement requires one of us earthlings endowed with these unique powers of consciousness to master our ability to accurately and powerfully interpret frequencies from a more essential plane of Reality. When we do, those frequencies create a corresponding resonance in our human soul. The heart feels that resonance as Love. The mind lights up. And the body vibrates with increased Life. [Continue Reading...](#)

Live Here!



Short Term And Long Term Rentals

**Sunrise Ranch has short term
& long term apartments available!**

2-3 bedrooms furnished and
unfurnished starting at
\$1,250.- \$1,650. Per month,
rent includes utilities and WiFi.

**For more info call Kimberly at
(970) 820-9701.**



*Live on 450 acres in the foothills of the Rocky Mountains!
Views galore, great place for hiking, bicycling and just
roaming around amongst natural beauty and wild life.*

Celebration of Life Events



We embrace all cycles of life. Consider Sunrise Ranch as a place to celebrate the life of your loved one.

- **Livestreaming services**
- **Variety of spaces**
- **Piano/Organ on-site**
- **Catering available**

[Inquire Here](#)

Love Offerings

If you feel called to offer a love donation to Sunrise Ranch to support us during the pandemic, we graciously welcome your gift.