



Sunrise Ranch Newsletter

June 2021

...the end is reconciliation; the end is redemption; the end is the creation of the Beloved Community. It is this type of spirit and this type of love that can transform opponents into friends.

— Dr. Martin Luther King Jr.

Hello Roshana,

Wonderful to connect with you once more.

I'd like to share a little about my story.

My journey with Sunrise Ranch began a little over four years ago. It started with a feeling. I had been on a spiritual path for some time and something in me was calling for more. I yearned for community and to be with people who are also on a spiritual path and wanted to work together to positively impact the world.

When I found Sunrise Ranch online, I came across this:

Sunrise Ranch honors Universal Being in all its forms—through people, through nature and through all creation. We see this attitude of honor for Universal Being as the pivotal factor for the future of humanity.

Most of all, we honor and welcome the expression of Universal Being through ourselves. We believe that this orientation in living is what opens the door for a full knowing of the wisdom and love that is within everyone. It is what lets the individual give their greatest gift to the world and know the greatest fulfillment that is possible for a human being.



After reading that, I knew that I had found the right place. I decided to give it a test run and I applied for and was accepted into the Full Self Emergence program.

This program turned out to be a huge blessing. For me, it was not only about holding wisdom, but embodying it and living from a place of *knowing*. I have learned to harmonize my physical, mental, emotional and spiritual capacities and navigate my world more consciously.

I found the connection that I had been longing for. Not just with others, but with myself and the source of life itself.

Needless to say, I decided to stay. I continue to live and work at Sunrise Ranch and help others find what they need to unlock themselves and fulfill their purpose.

If you are interested Full Self Emergence, we are running this course again this year. If you are feeling called, I urge you to consider it.

Full Self Emergence

June 25 to October 4, 2021



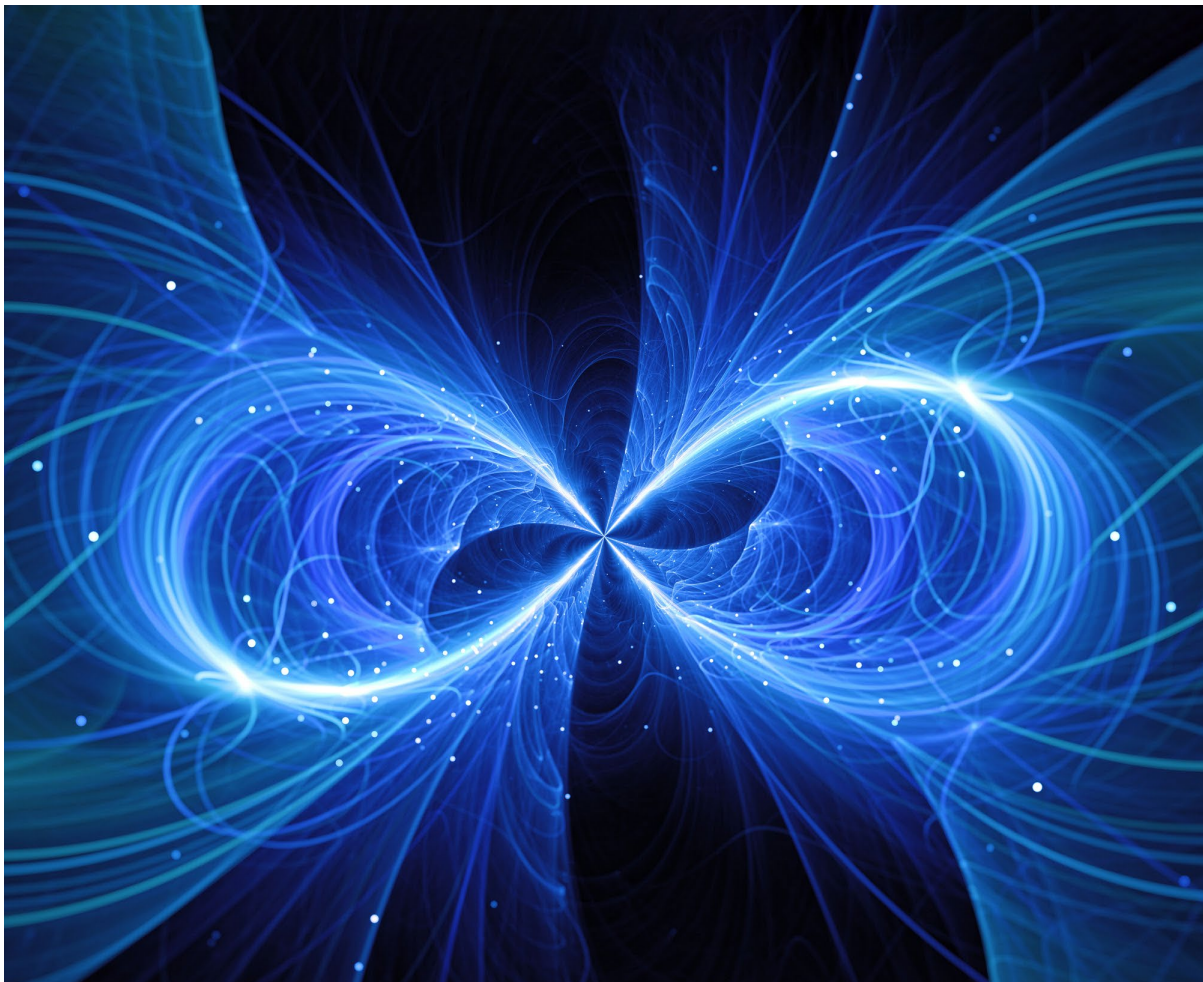
Are you at a point in your life when you know it is time to take your eyes off other people and the circumstances of your life so that you can focus on what is happening for you?

Maybe it's time for a FULL SELF EMERGENCE with Sunrise Ranch! This is a 14-week program where you will have the opportunity to learn tested formulas that lead to personal happiness and fulfillment and the full emergence of who you are as a being of wisdom, love, and life!

[Learn More](#)

How to Build Your Creative Field

Saturday, June 5th



Do you want to gain a deeper understanding of what causes people in your life to harmonize with you and with each other? If this is important to you, then join us for our upcoming Creative Field Conference: *How to Build Your Creative Field*.

Here are the four principles we are covering at the conference:

Making an Emotional Connection ~ It really doesn't matter what kind of relationship it is —parent, marketer, employer, friend, or lover. Without an emotional connection between the people involved, it's not going anywhere. Learn more about the naturalness of connecting emotionally.

Creating Safety and Comfortability ~ Safety increases for people when they feel seen, known, and understood. And when they are allowed to know and understand the circumstance in which they find themselves. Comfortability increases when they feel like they belong.

Taking Sure-Footed Steps ~ When what we express to other people is born out of thoughtfulness and care, then what we do carries a confidence that inspires trust and connection.

Illuminating the Shared Mission ~ Mission is all about manifesting the possible in the actual. It is the quest to realize something beautiful, worthwhile, and fulfilling. People harmonize with each other when they see that they share the same mission.

[Learn More](#)



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Flowers, A Poem



Friend of Sunrise Ranch Karen Pritchard shared this sweet poem, "Flowers," by Jimmy Caruthers, during our Sunday Service. She dedicated the reading to mothers. We're sure you'll enjoy this short video.

Our farm stand is now open!



Come get delicious cherry tomatoes, spinach, lettuce mix, kale, chard, cilantro, rosemary, basil, and plants! Thursday - Sunday, 2 - 5 p.m.



Cherry tomatoes are in full production in the greenhouse. They are sweet and oh so delicious! If you live locally and would like to join our monthly Farm Newsletter to get discount codes and hear about what's available, [click here](#).

Enlightenment Is Something You Give



Think of the word *enlightenment*. So often, people think of it as something you attain. Or something you reach. Or that it is something you gain for yourself and your own edification.

What if this is a complete misunderstanding of the game of life? What if, instead of empowering our enlightenment, that way of thinking hobbled it?

[Continue Reading](#)

Let yourself be blown away by
the mystery of the universe.



Volunteers Needed

Volunteers are a vital part of our farm operation at Sunrise Ranch. We have a lot of fun together. There is no hourly work commitment, just what you are willing to offer. Participating in the work activities affords a unique opportunity to develop skill in coordinating and harmonizing with others while offering a valuable contribution to the community and the larger world, creating a strong sense of selfless service.

[Apply](#)

Breaking the Bondage of the Unreal



Sometimes, it seems like ignorance is winning in the world. Sometimes, it looks like any kind of creative outcome is impossible, as if I had entered a box canyon with no way out.

Here is what I know. At times like this, a person must embrace what they love and what they know to be true more than ever. At times like this, the fiery passion for creativity must burn hotter than ever. This is a time to embrace life itself. [Continue Reading...](#)

Love Offerings

If you feel called to offer a love donation to Sunrise Ranch to support us during the pandemic, we graciously welcome your gift.

[Donate](#)

Thank you for taking the time to read this newsletter. On behalf of Sunrise Ranch, I send our love and I look forward to connecting with you again next month.

All the best,

Lana
Sunrise Ranch Outreach

